



Age Group: 2-5 year-olds

Date: August 9, 2020

Big Idea: Trust in God's faithfulness.

Scripture: Joshua 1:9 *Be strong and brave. Do not be afraid. Do not lose hope. I am the Lord your God. I will be with you everywhere you go. (NIRV)*

Activities:

- **Large Motor Activity:** Freeze Dance

Materials: music and a place to dance

- Have your child(ren) play a game of freeze dance with you. Play some music and have them dance around. Stop the music periodically, and when you do, say “freeze”! As they dance, remind them of the story from Joshua 10:1-14.

- Five kings from the Promised Land were scared of the Israelites and the promise they made to the Gibeonites, so the 5 kings attacked the Gibeonites. God told Joshua and the Israelites to go and protect the Gibeonites because He would be with them and He would help them beat the kings. So Joshua and the Israelites obeyed God and God helped them by confusing the kings and by raining down giant hail! Then God changed the way day and night work, making the sun appear to stand still in the sky! Joshua and the Israelites were able to beat their enemies and take over more of the Promised Land!

- **Fine Motor Activity:** Make Paper Suns

Materials: printable sun page, crayons or markers

- Print a copy of the sun coloring page (see below) and have your child(ren) color and decorate it on the front side. Ask them to cut out the sun, or help them if they need it. Say, “what is something we can ask God to help us with?” Have them draw their prayer on the back of the sun, or write it down for them. Then pray together and ask God for His help.
- Remind your child(ren) that just like Joshua and the Israelites asked God to help them beat their enemies, we can ask God for help in our lives too! We may not be fighting enemies, but we still have many things we need God’s help to do.

- **Extension Activity:** Paper Plate Suns

Materials: small paper plate, markers or crayons, 4 orange strips of paper, 4 yellow strips of paper, glue stick

- This is like the sun activity above, but gives you more freedom for creativity! Give your child(ren) a paper plate and eight strips of colored paper (4 yellow strips and 4 orange strips). If you don't have a paper plate, cut a circle out of white or yellow paper.
- Have your child(ren) glue the strips on the plate or paper to make a sun. Then have them decorate the sun on the front side. Ask them if there is anything they can ask God to help them with. Have them draw their prayer on the back of the sun, or write it down for them. Then pray together and ask God for His help.
- Remind your child(ren) that just like Joshua and the Israelites asked God to help them beat their enemies, we can ask God for help in our lives too! We may not be fighting enemies, but we still have many things we need God's help to do.

