

LIFE GROUP STARTER QUESTIONS

RANDOM

- What's the weirdest food you've ever eaten?
- Tell us about your best or worst cooking experience (your cooking or someone cooked for you)?
- What's your favorite collection, as a kid or adult?
- If you were a professional wrestler, what would be your nickname?
- Pen, pencil, or crayon?
- What would be your ideal day?
- What song really moves you?
- What's one fun fact about you that sounds fake?
- What's something you are really "into" right now?
- What fashion trend needs to be brought back?
- What weird quirks did you pick up from your parents?
- What was your first job and how'd you spend your first paycheck?
- If you could be an expert at something with very little effort, what would you choose?

DEEPER

- What are you looking forward to in the next 3, 6, or 12 months?
- What's something you're going to miss this Fall due to the "new normal"?
- What's something you've done lately to reconnect with others (virtually or in person)?
- What's something that you're worrying about, regarding going back to school/work?
- What's something you could have done yesterday to make today better?
- When was the last time you felt rested and content?
- Who is a person you're really thankful for at this time?
- In what ways are you different than who you were one year ago?
- What has been a dominant emotion you've felt in the past couple weeks?
- What's a current dream for your future that you've been entertaining?
- What are you learning about yourself in this season?
- What's something that you are grateful for right now?
- What has been a great challenge/great opportunity for you during this time?
- What rhythms/routines have you started that you want to continue beyond this season?

SPIRITUAL

- How have you been practicing spiritual rest?
- What verse has been at the front of your mind lately?
- What questions are you asking God recently?
- What are you learning about God in this season?
- What truth have you clung to this week (from the sermon, Scripture study, etc.)?
- What/Who are you praying for?
- How has God encouraged you in your faith this week?

Want more starter questions? Check out this link: toggl.com/blog/icebreaker-questions

